

Dark Chocolate Sugar Cookie

Nutrition Facts

Serving Size 1 71/100 oz (48g)

Servings per Container 1

Amount per Serving

Calories 240 Calories from Fat 110

% Daily Value*

Total Fat 12g **19%**

 Saturated Fat 7g **34%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 95mg **4%**

Total Carbohydrate 30g **10%**

 Dietary Fiber 2g **8%**

 Sugars 15g

Protein 3g

Vitamin A **0%** • Vitamin C **0%**

Calcium **0%** • Iron **0%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4